



COURSE OUTLINE

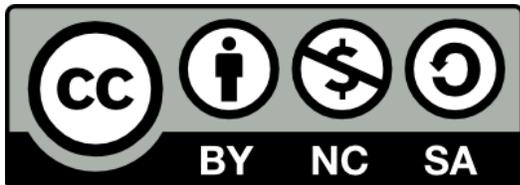
PSYC 101

INTRODUCTION TO PSYCHOLOGY II

3 CREDITS

PREPARED BY: Andrew Roebuck, Instructor

DATE: December 1, 2021



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INTRODUCTION TO PSYCHOLOGY II

INSTRUCTOR: Andy Roebuck (PhD)	OFFICE HOURS: Via Zoom: Tuesdays 1:00-3:00 pm or by appointment
OFFICE LOCATION: n/a	CLASSROOM: Zoom ID: 830 544 5427
E-MAIL: aroebuck@yukonu.ca	CLASS TIME: Via Zoom: Thursdays 2:30- 4:20 pm
TELEPHONE: n/a	DATES: January 5 – April 22, 2022

COURSE DESCRIPTION

Introductory Psychology is a survey course of the major content areas of Psychology. This course covers basic research methodology, current research in the various subject areas, and the basic knowledge and major theories of the field.

The following topics will be covered in Psychology 100: The History of Psychology, Psychological Research, Biopsychology, Consciousness, Sensation and Perception, Learning, Cognition, and Memory. Psychology 101 continues the survey of the field with explorations of Developmental Psychology, Emotion, Personality, Social and Group Psychology, Psychological Disorders, and Therapy and Treatment.

Together, PSYC100 and PSYC101 provide students with a foundational understanding of Psychology, preparing them for more focused courses in the future.

PREREQUISITES

None

EQUIVALENCY OR TRANSFERABILITY

AU PSYC 289 (3) CAMO PSYC 110 (3) CAPU PSYC 100 (3) KWAN PSYC 1100 (3)

NIC PSY 130 (3) OC PSYC 111 (3) TRU PSYC 1110 (3) TRU-OL PSYC 1111 (3)

TWU PSYC 105 (3) UFV PSYC 101 (3) UNBC PSYC 101 (3) UVIC PSYC 100 A (1.5)

VIU PSYC 111 (3) UAF PSYC 101 (3) UAS PSYC 101 (3) UR PSYC 100 (3)

SFU PSYC 1xx (3); YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3) – B – Soc & SFU PSYC 102 (3) – B Soc

UBC PSYC 1st (3) YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).

UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)

LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of all assignments, students will:

- Demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- Develop an understanding of basic theories and research methods in psychology
- Critically analyze information about human behaviour and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- Demonstrate applied psychology analysis and evaluative research skills.

COURSE FORMAT

This course is being taught online using a variety of materials, activities, and technical solutions. You will need to visit the course Moodle site and participate in online activities and discussions as assigned and scheduled.

There are no in-person meetings scheduled for this course. Students will be expected to attend a weekly Zoom session every Thursday from 2:30-4:20 pm. The Zoom meetings will be held in Room: 830 544 5427.

The class will proceed on a timetable (see below) with set assignments and due dates. **This is not a self-paced course.**

ASSESSMENTS

Attendance and Participation – 5%

Regular attendance and completion of course work is expected. Attendance and participation will be worth 5% of the total course grade.

The weekly Zoom Session is scheduled for **Thursdays from 2:30-4:20 pm**. During the Zoom sessions, students will be expected to respond to a few short multiple-choice questions. Questions are asked and answered in Zoom. These questions are not marked for correctness, rather they are a tool for self-assessment. Completion of 80% or more of these questions over the course will be considered “perfect attendance”. Should a student respond to fewer than 80% of questions, the attendance mark will be prorated to match their responses.

Example 1: A student responds to 90% of questions throughout the course. 90% is greater than 80% therefore they receive full marks for attendance (5%).

Example 2: A student responds to 60% of the required 80% of questions. This is equal to 75% of “perfect attendance” ($60 / 80 = 75\%$). Therefore, the student receives a mark of 75% for attendance (3.75%).

If you will be unable to regularly attend/engage with Zoom sessions for any reason (e.g., bandwidth/computer issues, work/family commitments, illness), please contact the instructor directly (aroebuck@yukonu.ca) to have the attendance mark shifted to the final exam. This option will be available to ALL students up until the date of the

final exam. **NOTE: Exams will be held during the Zoom time and ALL students will be expected to participate in these assessments. Please make a note of these dates and times now!**

Module Assignments – 35%

In this class you will be expected to submit a short assignment at the end of each Module (8 in total). Textbook readings will need to be completed independently and weekly Zoom sessions are designed to cover the most important material in each section. Module assignments will reinforce core concepts in this course and help you prepare for the exams. The module assignments should only take between 30-60 minutes to complete provided you have done the readings.

Assignments will include some multiple-choice questions (similar to what you will see on the midterms), fill in the blank, and VERY short answer questions (1-3 lines). Short answer questions are not be an assessment of your writing skill and point form is fine as long as I can understand it. All information needed for the assignments can be found in the lecture notes, textbook, and/or assigned readings. Assignments will be available **AT LEAST ONE WEEK** before they are due, and they will generally be due on **Sundays @ 11:59 pm**.

Some very important points for assignments:

- Life happens, everyone gets **1 free extension**, you DO NOT need to e-mail me, just submit it before the next assignment is due and there will be no penalty.
- Any additional late assignments will be assessed a flat penalty of **20%**.
- Lastly, **if you complete all 8 assignments, late or otherwise, before the final exam**, I will drop the mark of your lowest assignment. The point of these assignments is to encourage you to read and engage with the material, not to punish you when life/school gets stressful and busy.

Midterm Exam – 20%

During this course there will be one midterm exam worth 20% of your final grade. The midterm exam is OPEN BOOK and will be completed through the course Moodle page. Students are expected to complete exams independently. The midterm exam will be held on **Thursday Feb 17 from 2:30-4:00 pm** and will cover Chapters 9-12. The midterm will consist of approximately 50 multiple choice questions and students will have 1.5 hours (90 minutes) to complete the assessment. **Note:** although exams are open book, students should not rely on this to answer the questions as there will not be enough time to look up every answer. The exams will be similar in format to the chapter assignments.

Final Exam – 40%

There will be a final exam tentatively scheduled for **April 14 from 1-4 pm**. This exam will be identical in format to the midterm exam. The final exam will be comprehensive, with 1/3 of questions coming from Chapters 9-12 and 2/3 of questions from Chapters 13-16. Additional information regarding the final exam will be released later.

EVALUATION

Attendance and Participation	5%
Chapter Assignments	35%
Midterm Exam: Chapters 9-12	20%
Final Exam: 1/3 Chapters 9-12 2/3 Chapters 13-16	40%
Total	100 %

REQUIRED TEXTBOOKS AND MATERIALS

For Introductory Psychology (PSYC 100 and PSYC101) we will be using the open textbook: OpenStax Psychology 2e. You can download the textbook and find additional information here: <https://openstax.org/details/books/psychology-2e>. An open textbook is a textbook licensed under an open copyright license. It is available online and can be **freely** used by students, teachers, and members of the public. Additional information about how to access your textbook can be found on the course site.

Additional materials and assignments will be posted to the course site. We will review these materials on the first day of classes.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when a student submits work for credit that includes the words, ideas, or data of others, without citing the source from which the material is taken. Plagiarism can be the deliberate use of a whole piece of work, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Students may use sources which are public domain or licensed under Creative Commons; however, academic documentation standards must still be followed. Except with explicit permission of the instructor, resubmitting work which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the University.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukonu.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds

specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, they should contact the Learning Assistance Centre (LAC): lac@yukonu.ca.

TOPIC OUTLINE AND SCHEDULE

Course: January 5 – April 22	PSYC 101 – Introduction to Psychology II
Week 1: Jan 5 – Jan 8	Topic: <i>Introduction and Syllabus; An Overview of Psychology, Research, and Ethics</i> To Do: Course Outline; Download textbook; Check out Moodle; Review Chapter 1; Review the Overview Lecture Material. This is to get everyone on the same page/act as a refresher. (FYI, you won't be tested specifically on Chapter 1 in exams). Zoom: Jan 6, 2:30-4:20 pm Assignment #1 Due Sunday Jan 23 – Psychology Overview
Week 2: Jan 9 – Jan 15	Topic: <i>Lifespan Development</i> To Do: Read Chapter 9.1-9.4; Complete Assignment #1. Zoom: Jan 13, 2:30-4:20 pm Assignment #2 Due Sunday Jan 30 – Lifespan Development
Week 3: Jan 16 – Jan 22	Topic: <i>Emotion and Motivation</i> To Do: Read Chapter 10.1-10.4; Complete Assignment #2. Zoom: Jan 20, 2:30-4:20 pm Assignment #3 Due Sunday Feb 6 – Emotion
Week 4: Jan 23 – Jan 29	Topic: <i>Personality part I</i> To Do: Read Chapter 11.1-11.9. Zoom: Jan 27, 2:30-4:20 pm No Assignments or Exams
Week 5: Jan 30 – Feb 5	Topic: <i>Personality part II; Social Psychology I</i> To Do: Chapter 11; Start Chapter 12; Complete Assignment #3. Zoom: Feb 3, 2:30-4:20 pm Assignment #4 Due Sunday Feb 13 – Personality

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Week 6: Feb 6 – Feb 12	<p>Topic: <i>Social Psychology II</i> To Do: Finish Chapter 12.1-12.7.</p> <p>Zoom: Feb 10, 2:30-4:20 pm Assignment #5 Due Tuesday Feb 15 – Social Psychology</p>
<p>Midterm Exam: Feb 17 2:30 – 4:00 pm</p>	<p>Topic: <i>Midterm Exam</i> To Do: Midterm Exam; Treat yourself to something nice</p> <p>Zoom: No Zoom lecture, Midterm Exam Midterm Exam (Chapters 9-12): During Zoom Time</p>
Week 8: Feb 20 – Feb 26 (Reading Week)	Reading Week... do whatever you want. Live your best life.
Week 9: Feb 27 – Mar 5	<p>Topic: <i>Industrial-Organizational Psychology</i> To Do: Read Chapter 13.1-13.4.</p> <p>Zoom: Mar 3, 2:30-4:20 pm No Assignments or Exams</p>
Week 10: Mar 6 – Mar 12	<p>Topic: <i>Stress, Lifestyle and Health</i> To Do: Read Chapter 14.1-14.5</p> <p>Zoom: Mar 10, 2:30-4:20 pm Assignment #6 Due Sunday Mar 20 – IO and Stress</p>
Week 11: Mar 13 – Mar 19	<p>Topic: <i>Psychological Disorders part I</i> To Do: Read Chapter 15.1-15.5</p> <p>Zoom: Mar 17, 2:30-4:20 pm No Assignments or Exams</p>
Week 12: Mar 20 – Mar 26	<p>Topic: <i>Psychological Disorders part II</i> To Do: Read Chapter 15.6-15.9; Complete Assignment #7</p> <p>Zoom: Mar 24, 2:30-4:20 pm Assignment #7 Due Sunday April 3 – Psychological Disorders</p>
Week 13: Mar 27 – April 2	<p>Topic: <i>Therapy and Treatment part I</i> To Do: Read Chapter 16.</p> <p>Zoom: Mar 31, 2:30-4:20 pm No Assignments or Exams</p>

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<p>Week 14: April 3 – April 9</p>	<p>Topic: <i>Therapy and Treatment part II</i> To Do: Finish Chapter 16. Complete Assignment #8</p> <p>Zoom: April 7, 2:30-4:20 pm Assignment #8 Due Sunday April 10 - Treatment</p>
<p>Week 15: April 10 – April 16</p>	<p>Topic: <i>Review for Final Exam</i> To Do: Study for Final Exam; Complete any outstanding assignments.</p> <p>No Zoom This Week Final Exam April 14, 1:00 – 4: 00 pm</p>
<p>Final Exam: April 14 1:00 – 4:00 pm</p>	<p>Final Exam April 14, 1:00 – 4:00 pm 1/3 of questions from Chapters 9-12, 2/3 from Chapters 13-16</p>